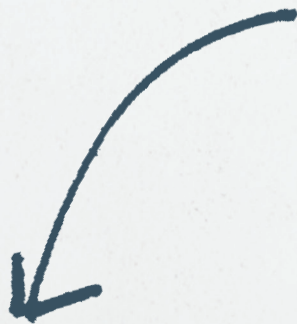


Carly
the Ryan
foundation.

PROJECT
CONNECT



OVERVIEW

Our children are using the internet daily to connect with each other and the world around them. It is important to empower students to make wise choices, to look after their digital reputation and keep themselves and others safe while navigating the internet, apps and forming their own relationships.

There's an assumption that because our children are digital natives they know how to navigate their online space safely and responsibly, but this assumption places a huge burden on our kids to understand concepts that they often haven't yet learnt and require guidance in understanding.

It is used as a great conversation starter for schools and organisations who are proactively interested in building confident and responsible students, online *and* offline.

Project Connect's purpose is to assist in equipping students with the skills and knowledge to identify the virtual warning signs in an exciting borderless world.

We offer two separate, complementary education sessions within Project Connect:

- Online Safety
- Health Relationships

These sessions engage concepts and skills such as:

- Critical thinking within a digital context;
- Practical skills in digital reputation protection, with offline benefits;
- Cultivating and building relationships; and

- Understanding the importance of resilience

The sessions align with the following Australian Curriculum General Capabilities:

- Creative and critical thinking;
- Personal and social capacity; and
- Ethical understanding.

Please read further for more information about what each session can offer your school or organisation!

ONLINE SAFETY

Project Connect's online safety seminars engage students in an internet-positive **one hour** discussion that empowers, educates and equips them with skills to reduce the risk of any harm online and to instead increase happiness. The session explores 3 overarching themes: **self-protective behaviours, safety and online challenges, resources and where to seek help.** The firm belief at the Foundation is that *young people* should be talking to *young people*, and to pass on the positive realistic opportunities the presenters have experienced from the internet to emerging students.

Project Connect also recognises that as students progress through their schooling they are presented with new experiences and levels of maturity, so it is important that the way they are spoken to about their online journey is reflective of their current stage of life.

Project Connect offers different online safety seminars to accommodate this:

- Primary School seminar (Years 5-6)

An introductory look at the enormity of the online world; its opportunities, its risks and the responsibilities of being positive digital citizens.

- High School seminar (Years 7-12)

A mature conversation about critically thinking online, digital literacy, online etiquette and using the internet to build opportunity rather than compromise it, particularly with careers.

KEY NOTES:

Seminar duration: 1 hour

Audience(s): Primary School & High School





HEALTHY RELATIONSHIPS !

Project Connect's Healthy Relationships **one hour** seminar takes a non-censorship approach, promoting robust and pragmatic discussions about sex and relationships that critically explore the impact of our social climate. Best digested in a workshop setting (max 60 students), the discussion takes great pride in encouraging young people to make considered decisions about their behaviour, and develop a healthy and realistic sense of self and *'other'*.

Healthy relationships affect everybody, and in turn should be a conversation for both students and parents alike. Project Connect offers healthy relationships seminars for both parties:

- High school (Years 8-12)
A realistic and sex-positive conversation surrounding the unrealistic standards set by social and media culture and how students can not only look after themselves when exploring their sexuality, but how they can look after the people around them too.

KEY NOTES:

Seminar duration: 1 hour

Audience(s): High school

Maximum number of students:
Approximately 60 students or
2x classes

PRACTICAL RECOMMENDATIONS

Schools often ask us what sessions their school community would benefit from, and we acknowledge there are only so many hours in the school day and a lot of curriculum to get through! The following can be used as a guide in deciding where you believe our message would be best heard according to the needs of your own individual communities. We are more than happy to work with you.

Year levels 5 & 6

Online Safety (1 hour)
total duration: 1 hour

Students are accessing devices at a younger and younger age: our hope is that the conversation in every home has already begun. However, if there hasn't been a formal approach to online safety education this is the perfect time to start the conversation and build upon it. Any primary school would benefit from us visiting!

Year levels 7, 8, 9 & 10

Online Safety (1 hour)
Healthy Relationships (1 hour)
total duration: 2 hours

Our online safety message is especially important for middle school year levels as they begin to have access to their own devices and more independent, unsupervised screen time. These year levels are some of our most popular bookings for this reason.

Additionally, it is a perfect age to start introducing higher levels of critical thinking and self-reflection in the choices they make as they move into young adult territory.

Healthy Relationships is best delivered in a workshop style, with about a maximum of 60 students. We recommend where possible that schools separate students according to year level in acknowledgement of the differing levels of maturity and experiences which generally follow according to age.

Year levels 11 & 12

Healthy Relationships (1 hour)
total duration: 1 hour

By year level 11, students are generally aware of the online landscape and have a better understanding of their own limits and identifying safe risks. Schools may find that these year levels would benefit more from a Healthy Relationship session only.





PRICING

The Carly Ryan Foundation currently receives state and federal funding to deliver Project Connect sessions at no cost to school communities. The amount of free spaces available are limited and book up quickly.

If your school or organisation does not have allocated funding for online safety or wellbeing education please email us at info@carlyryanfoundation.com

In the event we no longer have free spaces available, our pricing is as follows:

FOR SCHOOLS & ORGANISATIONS

Online Safety
\$1,200 + GST per session

Healthy Relationships
\$400 + GST per workshop
(maximum of 2x classes or approximately 60 students)

REQUIREMENTS ON THE DAY

Presenters from Project Connect come well equipped with their own laptop, adaptors and signage but do require support from school communities they visit.

We ask that schools provide the following:

- Access to a projector (or TV display)
- Cords to connect to a projector or TV
- Access to sound
- Microphone (if necessary)



WHY WE DO IT/ PARTNERSHIPS

Carly Ryan was 15-years-old when she was murdered by an online predator. It was the first crime of its type in Australia, occurring in 2007 when social media was a new phenomenon and paedophiles were starting to infiltrate the online space. Determined to help prevent harm to other innocent children and families and to help them navigate their online journey safely, Carly's mum Sonya incorporated The Carly Ryan Foundation in 2010.

PARTNERSHIPS

- eSafety Office - accredited eSafety Trusted Provider;
- Member of the Australian Center to Counter Child Exploitation (ACCCE) Prevention Education Working Group;
- The Foundation has a close working relationship with the Australian Federal Police's ThinkUKnow program, which uses Carly's story in their presentations within Australian schools. ThinkUKnow and CRF also have a co-branded Family Online Safety Contract that both organisations make available at their presentations;
- Joint Anti Child Exploitation Teams (JACETs) - we work closely with JACETs in each state and territory as part of our advocacy for police who work in child exploitation. It is important to the Foundation that these areas of policing remain fully resourced to ensure that online crimes against children do not go unpunished.



TESTIMONIALS

From students

"more self aware."

"I loved everything you had to share and it's given me a lot to think about."

"Understanding Carly's story does make me want to ensure that my younger sibling's are safe in their internet usage."

"In theory, I knew bad things could happen online but it was beneficial to hear a story of it actually happening to cement that knowledge."

"It made me more aware of the control that i have over situations and that i am never stuck."

"I felt cared for."

"The presentation was great, the speakers were relatable. It was great to hear about social media from people who actually use it, and who are closer to our age."

"It was a very relaxed session and was very easy to listen to."

"We had a 5 hour presentation the day before and I was begging my mum to stay home from school, thinking today would be the same as yesterday. But this was so refreshing!"

From schools

"Sessions were highly informative and presenters were engaging and responsive to audience needs"

"The presenters to the students were fantastic and really engaged the students."

"the facilitators were energetic and connected on the child's level. Outstanding!"

"The students and staff thought it was a wonderful presentation for students."

"Our students were engaged and had follow up conversations as a result of the presentation"

"I wanted to send a quick email to express my extreme gratitude. Our community were challenged by the realities of our world and [were] provided with an overwhelming source of inspiration"

"The presentation was very thorough, informative and very relevant. It was also a beautiful expression of using the dark side of life to teach others vital information. Staff feedback was immensely positive."

"The presenters were passionate, relatable and excellent communicators."

"Very thorough - absolutely had students understanding the urgency to be safe online as well as ways to do this."

From parents

"I wanted to write to say thankyou for your presentation at my boys school today. My husband and I have always spoken to them about the dangers of talking to people online but until today it had never registered for them. Hearing Carly's story and being given information and ideas around online safety really resonated with both my boys. Thank you so much for today."

Thank you



carlyryanfoundation.com

E info@carlyryanfoundation.com

P (08) 8339 3992

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